

# ARE YOU STREET SMART?

# SNAP DON'T WALK ALONE AT NIGHT!

# STREET SENSE

Do you jog by yourself early in the morning or late at night when it's quiet and lonely?

Do you carry all your possessions - cash, keys, credit cards, checkbook - in a beloved but tattered backpack every place you go, then leave it laying around?

When you work late at the computer lab or library, do you think it's wimpy to call the campus escort service at 1 a.m.?

If you answered 'yes' to any of these questions, you may need to change a few habits. Even if your score was a perfect 'No, never!!' read on. A few minutes now might prevent trouble later.

For an escort on campus at night, contact S.N.A.P. (Student Nighttime Auxiliary Patrol) at 392-SNAP (7627).

For more information, please contact

**University of Florida  
Police Department,  
Community Services Division:  
392-1409**

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## STAYING SAFE AROUND CAMPUS AND TOWN

## GETTING AROUND

- ♦ When going out, go with a group of friends — never alone. The more the merrier — and the less likely you are to be attacked.
- ♦ Plan ahead: go to the ATM during the day. If you must use an ATM after dark, find one in a well-lit area where there are many other people around.

### Walking:

- ♦ Stay alert and appear confident – this may make a potential attacker pass you up as a target.
- ♦ Don't walk in unfamiliar areas.
- ♦ Stay in well-lit, populated places.
- ♦ Carry a whistle or other noisemaker.
- ♦ If you think you are being followed, cross the road and go to a location with a lot of people.

### Riding the Bus:

- ♦ Use well-lit, busy stops.
- ♦ Watch who gets off the bus at your stop. If you feel uneasy, go to a populated area.

### Driving:

- ♦ If you think you or your group may be drinking, choose a designated driver!
- ♦ Park in a well-lit parking lot near your destination.
- ♦ Have your keys in hand before you get to your car.

## NEW PEOPLE

Meeting and dating new people can be a lot of fun. Unfortunately, it isn't always safe, so take care of yourself! Some things to think about:

- ♦ If you meet someone new, don't give out your phone number. Get his/hers instead.
- ♦ Until you know the person better, try to plan dates for places with many other people around. You could also try double dates.
- ♦ For the first few dates, try to arrange your own transportation. This allows you to leave any time you'd like, and lets you stay in control.
- ♦ Always tell a friend where you are going and when you will be home. If you will be home later than expected, call to let your friend know about it.

### EASY WAYS TO CARRY ID:

Carrying ID is always important. If something happens to you while you are exercising outside or travelling, your ID may help police or medical personnel contact your family. If you are unconscious with no ID, precious time may be lost just trying to figure out who you are!

- ‡ Write your name and social security number on the inside tongue of your shoes or the inside of your watch band with a permanent marker.
- ‡ Put your name on the back of a favorite badge or pin. You can get a free badge at the Health Education Walk-In Center in the Infirmary.
- ‡ Buy a shoelace pouch, which attaches with Velcro to your shoelaces.

## EXERCISING OUTSIDE

Jogging, running, walking, cycling, and in-line skating are a few of the ways many people like to exercise. They are great ways to get out of the house and stay fit, but if you plan to do any outside exercise routine, there are a few things you should keep in mind.

- ♦ STAY ALERT! Be aware of your surroundings.
- ♦ Whenever possible, run with a partner.
- ♦ Stay in well-lit, populated areas.
- ♦ Run in familiar areas, but vary your route.
- ♦ Let a friend know your routine: where you're going and when you'll be home.
- ♦ Wear reflective clothing when it's dark.
- ♦ Don't wear headphones.
- ♦ Have enough change for a phone call.
- ♦ Walk or run against traffic.
- ♦ TRUST YOUR INSTINCTS!
- ♦ Call the police if something happens to you or someone else, or something seems suspicious.